Kentucky

**Issues**

- Depression/Sadness: 35.0% Kentucky, 34.6% National
- Anxiety/Stress: 25.1% Kentucky, 34.7% National
- Suicide: 18.7% Kentucky, 17.8% National
- Isolation/Loneliness: 19.9% Kentucky, 19.7% National
- Self Harm: 12.8% Kentucky, 12.8% National
- COVID-19: 1.8% Kentucky, 1.7% National
- Grief: 5.4% Kentucky, 4.8% National
- Emotional Abuse: 3.0% Kentucky, 3.3% National
- Substance Abuse: 2.8% Kentucky, 2.4% National
- Eating Body Image: 3.8% Kentucky, 3.7% National

**Race/Ethnicity**

- 86% WHITE
- 11% BLACK
- 4% HISPANIC, LATINE, OR SPANISH ORIGIN
- 3% AMERICAN INDIAN/ALASKA NATIVE
- 3% ASIAN
- 3% NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER
- 3% MIDDLE EASTERN, NORTH AFRICAN, OR ARAB

**Age**

- 13 or younger: 12.3%
- 14-17: 31.6%
- 18-24: 26.4%
- 25-34: 16.7%
- 35-44: 6.8%
- 45-54: 3.9%
- 55-64: 2.0%
- 65+: .4%

**Gender**

- 1% Agender
- 2% Gender-queer
- 4% Trans
- 14% Male
- 79% Female

**Sexual Orientation**

- Heterosexual: 49.6%
- LGBTQ+: 50.4%