Minnesota

Issues
Depression/Sadness
Anxiety/Stress
Suicide
Isolation/Loneliness
Self Harm
COVID-19
Grief
Emotional Abuse
Substance Abuse
Eating Body Image

Race/Ethnicity
83% WHITE
7% BLACK
7% ASIAN
7% HISPANIC, LATINE, OR SPANISH ORIGIN
5% AMERICAN INDIAN/ALASKA NATIVE
1% MIDDLE EASTERN, NORTH AFRICAN, OR ARAB
.7% NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER

Age
13 or younger 12.9%
14-17 33.1%
18-24 24.9%
25-34 15.3%
35-44 7.2%
45-54 4.3%
55-64 2.0%
65+ .4%

Gender
1% Agender
4% Male
79% Female
3% Gender-queer
12% Trans

Sexual Orientation
Heterosexual 46.9%
LGBTQ+ 53.2%

CONVOS ON OUR PLATFORM 22,863
TEXTERS IN CRISIS 12,536
FIRST-TIME ACCESSING CARE 60%
SUICIDE DE-ESCALATIONS 389
ACTIVE RESCUES 130