Nebraska

**Issues**

- Depression/Sadness: 35.0% (Nebraska), 34.6% (National)
- Anxiety/Stress: 31.6% (Nebraska), 34.7% (National)
- Suicide: 23.8% (Nebraska), 27.9% (National)
- Isolation/Loneliness: 20.3% (Nebraska), 19.7% (National)
- Self Harm: 13.8% (Nebraska), 12.8% (National)
- COVID-19: 12.8% (Nebraska), 1.8% (National)
- Grief: 5.3% (Nebraska), 4.8% (National)
- Emotional Abuse: 3.0% (Nebraska), 3.3% (National)
- Substance Abuse: 2.4% (Nebraska), 2.4% (National)
- Eating Body Image: 3.9% (Nebraska), 3.7% (National)

**Race/Ethnicity**

- White: 83%
- Hispanic, Latinx, or Spanish Origin: 11%
- Black: 7%
- American Indian/Alaska Native: 4%
- Asian: 3%
- Middle Eastern, North African, or Arab: 1%
- Native Hawaiian or Other Pacific Islander: 0.7%

**Age**

- 13 or younger: 13.1%
- 14-17: 23.3%
- 18-24: 27.0%
- 25-34: 13.9%
- 35-44: 7.7%
- 45-54: 3.0%
- 55-64: 1.0%
- 65+: 1.0%

**Gender**

- 1%: Gender-queer
- 2%: Agender
- 3%: Trans
- 14%: Male
- 80%: Female

**Sexual Orientation**

- Heterosexual: 46.6%
- LGBTQ+: 53.4%