District of Columbia

Issues

- Depression/Sadness
- Anxiety/Stress
- Suicide
- Isolation/Loneliness
- Self Harm
- COVID-19
- Grief
- Emotional Abuse
- Substance Abuse
- Eating Body Image

Race/Ethnicity

- 66% WHITE
- 19% HISPANIC, LATINE, OR SPANISH ORIGIN
- 19% BLACK
- 5% ASIAN
- 3% AMERICAN INDIAN/ALASKA NATIVE
- 2% MIDDLE EASTERN, NORTH AFRICAN, OR ARAB
- 4% NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER

Age

- 13 or younger 13.4%
- 14-17 35.6%
- 18-24 27.1%
- 25-34 14.3%
- 35-44 5.5%
- 45-54 3.0%
- 55-64 .9%
- 65+ .3%

Gender

- 2% Agender
- 4% Gender-queer
- 5% Trans
- 13% Male
- 75% Female

Sexual Orientation

- Heterosexual
- LGBTQ+

Conversations on our platform: 3,595
Texters in crisis: 2,045
First-time accessing care: 66%
Suicide de-escalations: 54
Active rescues: 17