2,711 Conversations
1,532 Texters in Crisis
59% Shared Something for First Time
24 Suicide De-escalations
14 Active Rescues

Issues
- Relationships: 36%
- Anxiety/Stress: 33%
- Depression/Sadness: 33%
- Suicide: 32%
- Isolation/Loneliness: 27%
- Self Harm: 21%
- Grief/Bereavement: 11%
- Eating/Body Image: 10%
- Emotional Abuse: 8%
- Bullying: 7%
- Substance Use: 7%
- Sexual Abuse: 6%
- Physical Abuse: 5%
- Gender/Sexual Identity: 1%

Race/Ethnicity
- White: 66%
- Native American/Native Alaskan/Indigenous: 36%
- Hispanic/Latino: 8%
- Asian: 7%
- Black/African American: 7%
- Native Hawaiian/Pacific Islander: 1%
- Middle Eastern/North African/Arab: <1%

Sexual Orientation
- 33% Heterosexual
- 67% LGBTQ+

Gender
- 3% Genderqueer
- <1% Agender
- 9% Trans
- 15% Boys + Men
- 73% Girls + Women

* State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete. Please note that the total percentages in the race, gender, and sexuality charts will not add up to a 100% because texters might identify with multiple identities.