20,103 Conversations
6,913 Texters in Crisis
62% Shared Something for First Time

Issues
- Relationships 37%
- Anxiety/Stress 39%
- Depression/Sadness 32%
- Suicide 22%
- Isolation/Loneliness 21%
- Self Harm 13%
- Grief/Bereavement 4%
- Eating/Body Image 4%
- Emotional Abuse 3%
- Bullying 3%
- Substance Abuse 2%
- Sexual Abuse 3%
- Physical Abuse 2%
- Gender/Sexual Identity 2%

Age
- < 14 yrs 14%
- 14-17 yrs 32%
- 18-24 yrs 29%
- 25-34 yrs 16%
- 35-44 yrs 6%
- 45-54 yrs 2%
- 55-64 yrs 1%
- > 64 yrs <1%

Race/Ethnicity
- Asian 100%
- White 23%
- Hispanic/Latinx 9%
- Black/African American 8%
- Native American/Native Alaskan/Indigenous 4%
- Native Hawaiian/Pacific Islander 4%
- Middle Eastern/North African/Arab <1%

Sexual Orientation
- 45% Heterosexual
- 55% LGBTQ+

Gender
- 1% Genderqueer
- 3% Agender
- 6% Trans
- 18% Boys + Men
- 76% Girls + Women

*Only includes those who responded to our voluntary post-conversation survey in 2022 and identified as Asian. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.