**Black/African American Texters**

2022 Mental Health Insights*

**37,326** Conversations

**14,619** Texters in Crisis

**64%** Shared Something for First Time

**Issues**

- Relationships: 36%
- Anxiety/Stress: 35%
- Depression/Sadness: 36%
- Suicide: 23%
- Isolation/Loneliness: 21%
- Self Harm: 11%
- Grief/Bereavement: 5%
- Eating/Body Image: 4%
- Emotional Abuse: 4%
- Bullying: 3%
- Substance Abuse: 2%
- Sexual Abuse: 3%
- Physical Abuse: 2%
- Gender/Sexual Identity: 1%

**Race/Ethnicity**

- Black/African American: 100%
- White: 16%
- Hispanic/Latino: 11%
- Native American/Native Alaskan/Indigenous: 5%
- Asian: 4%
- Native Hawaiian/Pacific Islander: 1%
- Middle Eastern/North African/Arab: <1%

**Sexual Orientation**

- 50% Heterosexual
- 51% LGBTQ+

**Gender**

- 1% Genderqueer
- 1% Agender
- 4% Trans
- 14% Boys/Men
- 82% Girls/Women

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*Only includes those who responded to our voluntary post-conversation survey in 2022 and identified as Black/African American. On average, approximately 21% of our texters overall complete this survey.

Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.