Delaware*

3,541 Conversations
1,980 Texters in Crisis
62% Shared Something for First Time
32 Suicide De-escalations
14 Active Rescues

Issues
- Relationships: 34% / Delaware, 33% / National
- Anxiety/Stress: 34% / Delaware, 33% / National
- Depression/Sadness: 34% / Delaware, 34% / National
- Suicide: 21% / Delaware, 21% / National
- Isolation/Loneliness: 19% / Delaware, 19% / National
- Self Harm: 12% / Delaware, 12% / National
- Grief/Bereavement: 4% / Delaware, 4% / National
- Eating/Body Image: 3% / Delaware, 3% / National
- Emotional Abuse: 3% / Delaware, 3% / National
- Bullying: 3% / Delaware, 3% / National
- Substance Use: 2% / Delaware, 3% / National
- Sexual Abuse: 3% / Delaware, 2% / National
- Physical Abuse: 1% / Delaware, 2% / National
- Gender/Sexual Identity: 1% / Delaware, 2% / National

Age
- < 14 yrs: 19% / Delaware, 25% / National
- 14-17 yrs: 25% / Delaware, 25% / National
- 18-24 yrs: 12% / Delaware, 10% / National
- 25-34 yrs: 12% / Delaware, 5% / National
- 35-44 yrs: 5% / Delaware, 3% / National
- 45-54 yrs: 3% / Delaware, 1% / National
- 55-64 yrs: 75% / Delaware, 1% / National
- > 64 yrs: 3% / National

Race/Ethnicity
- White: 69% / Delaware
- Black/African American: 18% / Delaware
- Hispanic/Latinx: 13% / Delaware
- Asian: 5% / Delaware
- Native American/Native Alaskan/Indigenous: 5% / Delaware
- Native Hawaiian/Pacific Islander: <1% / Delaware
- Middle Eastern/North African/Arab: <1% / Delaware

Sexual Orientation
- / 40% Heterosexual
- / 60% LGBTQ+

Gender
- / 3% Genderqueer
- / 2% Agender
- / 7% Trans
- / 13% Boys+Men
- / 75% Girls+Women

* State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.