Crisis Text Line / United in Empathy 2022

2022 Mental Health Insights

Georgia

29,578 Conversations
18,365 Texters in Crisis
63% Shared Something for First Time
254 Suicide De-escalations
113 Active Rescues

Issues

- Relationships: 33%
- Anxiety/Stress: 33%
- Depression/Sadness: 33%
- Suicide: 21%
- Isolation/Loneliness: 19%
- Self Harm: 11%
- Grief/Bereavement: 4%
- Eating/Body Image: 3%
- Emotional Abuse: 3%
- Bullying: 3%
- Substance Use: 3%
- Sexual Abuse: 2%
- Physical Abuse: 1%
- Gender/Sexual Identity: 1%

Race/Ethnicity

- White: 55%
- Black/African American: 38%
- Hispanic/Latinx: 11%
- Asian: 6%
- Native American/Native Alaskan/Indigenous: 3%
- Native Hawaiian/Pacific Islander: 1%
- Middle Eastern/North African/Arab: <1%

Sexual Orientation

- / 50% Heterosexual
- / 50% LGBTQ+

Gender

- / 16% Boys/Men
- / 78% Girls/Women
- / 1% Genderqueer
- / 1% Agender
- / 4% Trans

* State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.