Hispanic/Latinx Texters
2022 Mental Health Insights*

45,604
Conversations

18,086
Texters in
Crisis

67%
Shared Something
for First Time

Issues

- Relationships: 38%
- Anxiety/Stress: 38%
- Depression/Sadness: 34%
- Suicide: 22%
- Isolation/Loneliness: 21%
- Self Harm: 15%
- Grief/Bereavement: 4%
- Eating/Body Image: 5%
- Emotional Abuse: 3%
- Bullying: 3%
- Substance Abuse: 3%
- Sexual Abuse: 2%
- Physical Abuse: 1%
- Gender/Sexual Identity: 2%

Age

- < 14 yrs: 18%
- 14-17 yrs: 34%
- 18-24 yrs: 24%
- 25-34 yrs: 15%
- 35-44 yrs: 6%
- 45-54 yrs: 2%
- 55-64 yrs: 1%
- > 64 yrs: <1%

Race/Ethnicity

- Hispanic/Latinx: 100%
- White: 22%
- Black/African American: 9%
- Native American/Native Alaskan/Indigenous: 5%
- Asian: 4%
- Native Hawaiian/Pacific Islander: 1%
- Middle Eastern/North African/Arab: <1%

Sexual Orientation

- 43% Heterosexual
- 58% LGBTQ*

Gender

- 1% Genderqueer
- 2% Agender
- 6% Trans
- 17% Boys+Men
- 77% Girls+Women

* Only includes those who responded to our voluntary post-conversation survey in 2022 and identified as Hispanic, Latinx or Spanish origin. On average, approximately 21% of our texters overall complete this survey.

Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.