Illinois

44,043 Conversations

25,128 Texters in Crisis

61% Shared Something for First Time

357 Suicide De-escalations

152 Active Rescues

Issues

Relationships 33%
Anxiety/Stress 35%
Depression/Sadness 32%
Suicide 20%
Isolation/Loneliness 19%
Self Harm 12%
Grief/Bereavement 4%
Eating/Body Image 4%
Emotional Abuse 3%
Bullying 3%
Substance Use 3%
Sexual Abuse 2%
Physical Abuse 2%
Gender/Sexual Identity 1%

Age

< 14 yrs 13%
14-17 yrs 29%
18-24 yrs 25%
25-34 yrs 17%
35-44 yrs 8%
45-54 yrs 5%
55-64 yrs 2%
> 64 yrs <1%

Race/Ethnicity

White 64%
Hispanic/Latinx 19%
Black/African American 17%
Asian 7%
Native American/Native Alaskan/Indigenous 3%
Native Hawaiian/Pacific Islander <1%
Middle Eastern/North African/Arab <1%

Sexual Orientation

50% Heterosexual
50% LGBTQ+

Gender

1% Genderqueer
2% Agender
5% Trans
17% Boys+Men
75% Girls+Women

* State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.

# 2022 Mental Health Insights