20,988 Conversations
12,617 Texters in Crisis
61% Shared Something for First Time
223 Suicide De-escalations
111 Active Rescues

**Issues**

- Relationships: 32%, 33%
- Anxiety/Stress: 35%
- Depression/Sadness: 33%
- Suicide: 21%
- Isolation/Loneliness: 19%, 19%
- Self Harm: 12%, 12%
- Grief/Bereavement: 4%
- Eating/Body Image: 4%
- Emotional Abuse: 3%
- Bullying: 3%
- Substance Use: 3%
- Sexual Abuse: 2%
- Physical Abuse: 1%
- Gender/Sexual Identity: 1%

**Age**

- < 14 yrs: 13%
- 14-17 yrs: 29%
- 18-24 yrs: 25%
- 25-34 yrs: 17%
- 35-44 yrs: 9%
- 45-54 yrs: 5%
- 55-64 yrs: 2%
- > 64 yrs: 1%

**Race/Ethnicity**

- White: 83%
- Black/African American: 12%
- Hispanic/Latinx: 9%
- Asian: 3%
- Native American/Native Alaskan/Indigenous: <1%
- Native Hawaiian/Pacific Islander: <1%
- Middle Eastern/North African/Arab: <1%

**Sexual Orientation**

- 47% Heterosexual
- 53% LGBTQ+

**Gender**

- 1st Genderqueer
- 2nd Agender
- 6th Trans
- 18th Boys+Men
- 77th Girls+Women

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* State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.