Maine*

4,680 Conversations
2,484 Texters in Crisis
51% Shared Something for First Time
60 Suicide De-escalations
52 Active Rescues

Issues

Relationships 30%
Anxiety/Stress 33%
Depression/Sadness 33%
Suicide 32%
Isolation/Loneliness 24%
Self Harm 19%
Grief/Bereavement 19%
Eating/Body Image 13%
Emotional Abuse 12%
Sexual Abuse 4%
Substance Use 4%
Bullying 4%
Physical Abuse 3%
Gender/Sexual Identity 3%

Age

< 14 yrs 12%
14-17 yrs 31%
18-24 yrs 22%
25-34 yrs 19%
35-44 yrs 7%
45-54 yrs 6%
55-64 yrs 3%
> 64 yrs 1%

Race/Ethnicity

White 93%
Native American/Native Alaskan/Indigenous 5%
Hispanic/Latinx 4%
Asian 2%
Black/African American 2%
Native Hawaiian/Pacific Islander <1%
Middle Eastern/North African/Arab <1%

Sexual Orientation

47% Heterosexual
53% LGBTQ+

Gender

1% Genderqueer
1% Agender
9% Trans
18% Boys-Men
71% Girls-Women