Minnesota

22,553 Conversations
12,227 Texters in Crisis
59% Shared Something for First Time
332 Suicide De-escalations
110 Active Rescues

Issues

Relationships
Anxiety/Stress
Depression/Sadness
Suicide
Isolation/Loneliness
Self Harm
Grief/Bereavement
Eating/Body Image
Emotional Abuse
Bullying
Substance Use
Sexual Abuse
Physical Abuse
Gender/Sexual Identity

Race/Ethnicity

Age

< 14 yrs
14-17 yrs
18-24 yrs
25-34 yrs
26-34 yrs
35-44 yrs
45-54 yrs
55-64 yrs
> 64 yrs

Sexual Orientation

55% LGBTQ+
45% Heterosexual

Gender

76% Girls/Women
15% Boys/Men
6% Trans
2% Genderqueer
1% Agender

* State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.

Crisis Text Line | United in Empathy 2022