Native American/Native Alaskan/Indigenous Texters
2022 Mental Health Insights*

10,147 Conversations
3,909 Texters in Crisis
64% Shared Something for First Time

**Issues**
- Depression/Sadness: 36%
- Suicide: 34%
- Isolation/Loneliness: 21%
- Self Harm: 16%
- Grief/Bereavement: 15%
- Eating/Body Image: 14%
- Sexual Abuse: 13%
- Physical Abuse: 12%
- Gender/Sexual Identity: 11%

**Age**
- < 14 yrs: 15%
- 14-17 yrs: 23%
- 18-24 yrs: 19%
- 25-34 yrs: 15%
- 35-44 yrs: 10%
- 45-54 yrs: 4%
- 55-64 yrs: 2%
- > 64 yrs: <1%

**Race/Ethnicity**
- Native American/Native Alaskan/Indigenous: 100%
- White: 51%
- Hispanic/Latinx: 24%
- Black/African American: 22%
- Asian: 7%
- Native Hawaiian/Pacific Islander: 4%
- Middle Eastern/North African/Arab: 1%

**Sexual Orientation**
- Heterosexual: 36%
- LGBTQ+: 65%

**Gender**
- Male: 72%
- Female: 19%
- Non-binary: 1%

*Only includes those who responded to our voluntary post-conversation survey in 2022 and identified as Native American/Native Alaskan/Indigenous. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.