Native Hawaiian/Pacific Islander Texters

2022 Mental Health Insights*

Issues

- Relationships: 38%
- Anxiety/Stress: 35%
- Depression/Sadness: 34%
- Suicide: 22%
- Isolation/Loneliness: 21%
- Self Harm: 12%
- Grief/Bereavement: 5%
- Eating/Body Image: 4%
- Emotional Abuse: 5%
- Bullying: 3%
- Substance Abuse: 3%
- Sexual Abuse: 4%
- Physical Abuse: 2%
- Gender/Sexual Identity: 2%

2,633 Conversations

942 Texters in Crisis

66% Shared Something for First Time

Age

- < 14 yrs: 17%
- 14-17 yrs: 33%
- 18-24 yrs: 24%
- 25-34 yrs: 15%
- 35-44 yrs: 7%
- 45-54 yrs: 4%
- 55-64 yrs: 1%
- > 64 yrs: <1%

Race/Ethnicity

- Native Hawaiian/Pacific Islander: 100%
- White: 41%
- Asian: 33%
- Hispanic/Latinx: 24%
- Black/African American: 21%
- Native American/Native Alaskan/Indigenous: 17%
- Middle Eastern/North African/Arab: 1%

Sexual Orientation

- / 44% Heterosexual
- / 56% LGBTQ+

Gender

- / 1% Genderqueer
- / 3% Agender
- / 7% Trans
- / 18% Boys+Men
- / 77% Girls+Women

* Only includes those who responded to our voluntary post-conversation survey in 2022 and identified as Native Hawaiian/Pacific Islander. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.