Nebraska*

5,648 Conversations
3,053 Texters in Crisis
60% Shared Something for First Time
89 Suicide De-escalations
28 Active Rescues

**Issues**

- Relationships: 33%
- Anxiety/Stress: 32%
- Depression/Sadness: 33%
- Suicide: 21%
- Isolation/Loneliness: 24%
- Self Harm: 12%
- Grief/Bereavement: 4%
- Eating/Body Image: 3%
- Emotional Abuse: 3%
- Bullying: 3%
- Substance Use: 3%
- Sexual Abuse: 3%
- Physical Abuse: 2%
- Gender/Sexual Identity: 1%

**Race/Ethnicity**

- White: 84%
- Hispanic/Latinx: 11%
- Black/African American: 8%
- Native American/Native Alaskan/Indigenous: 5%
- Asian: 3%
- Native Hawaiian/Pacific Islander: 1%
- Middle Eastern/North African/Arab: <1%

**Sexual Orientation**

- 45° Heterosexual
- 55° LGBTQ+

**Gender**

- <1° Genderqueer
- 2° Agender
- 6° Trans
- 21° Boys/Men
- 72° Girls/Women

*State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.