New York

68,610
Conversations

38,643
Texters in
Crisis

60%
Shared Something
First Time

489
Suicide
De-escalations

233
Active
Rescues

Issues

Relationships 34%
Anxiety/Stress 33%
Depression/Sadness 33%
Suicide 32%
Isolation/Loneliness 19%
Self Harm 19%
Grief/Bereavement 12%
Eating/Body Image 4%
Emotional Abuse 4%
Bullying 2%
Substance Use 3%
Sexual Abuse 3%
Physical Abuse 2%
Gender/Sexual Identity 1%

Age

< 14 yrs 12%
14-17 yrs 26%
18-24 yrs 26%
25-34 yrs 18%
35-44 yrs 9%
45-54 yrs 5%
55-64 yrs 3%
> 64 yrs 1%

Race/Ethnicity

White 61%
Hispanic/Latinx 21%
Black/African American 19%
Asian 8%
Native American/Native Alaskan/Indigenous 3%
Native Hawaiian/Pacific Islander 1%
Middle Eastern/North African/Arab 1%

Sexual Orientation

/ 48% Heterosexual
/ 52% LGBTQ+

Gender

/ 1% Genderqueer
/ 1% Agender
/ 5% Trans
/ 18% Boys+Men
/ 75% Girls+Women

* State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.