2022 Mental Health Insights
Crisis Text Line / United in Empathy 2022

Oregon*

16,226 Conversations
8,737 Texters in Crisis
57% Shared Something for First Time

189 Suicide De-escalations
72 Active Rescues

Issues

Age

< 14 yrs 12%
14-17 yrs 27%
18-24 yrs 23%
25-34 yrs 17%
35-44 yrs 10%
45-54 yrs 6%
55-64 yrs 3%
> 64 yrs 1%

Race/Ethnicity

White 83%
Hispanic/Latinx 14%
Native American/Native Alaskan/Indigenous 7%
Asian 6%
Black/African American 4%
Native Hawaiian/Pacific Islander 2%
Middle Eastern/North African/Arab 1%

**Sexual Orientation**

- / 38% Heterosexual
- / 62% LGBTQ+

**Gender**

- / 2% Genderqueer
- / 2% Agender
- / 7% Trans
- / 18% Boys + Men
- / 70% Girls + Women

* State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.