**Crisis Text Line / United in Empathy 2022**

### Puerto Rico

- **1,760** Conversations
- **1,023** Texters in Crisis
- **73%** Shared Something for First Time
- **15** Suicide De-escalations
- **7** Active Rescues

#### Issues

- **Relationships**: 33%
- **Anxiety/Stress**: 33%
- **Depression/Sadness**: 33%
- **Suicide**: 32%
- **Isolation/Loneliness**: 21%
- **Self Harm**: 19%
- **Grief/Bereavement**: 12%
- **Eating/Body Image**: 12%
- **Emotional Abuse**: 12%
- **Bullying**: 12%
- **Substance Use**: 12%
- **Sexual Abuse**: 12%
- **Physical Abuse**: 12%
- **Gender/Sexual Identity**: 12%

#### Age

- **< 14 yrs**: 7%
- **14-17 yrs**: 24%
- **18-24 yrs**: 39%
- **25-34 yrs**: 24%
- **35-44 yrs**: 4%
- **45-54 yrs**: 2%
- **55-64 yrs**: 1%
- **> 64 yrs**: 1%

#### Race/Ethnicity

- **Hispanic/Latinx**: 99%
- **White**: 5%
- **Black/African American**: 4%
- **Native American/Native Alaskan/Indigenous**: 2%
- **Native Hawaiian/Pacific Islander**: 1%
- **Middle Eastern/North African/Arab**: <1%
- **Asian**: <1%

#### Sexual Orientation

- 39% Heterosexual
- 61% LGBTQ+

#### Gender

- 2nd Agender
- 3rd Genderqueer
- 3rd Trans
- 19th Boys+Men
- 74th Girls+Women

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*State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.*