Vermont

3,110 Conversations

1,538 Texters in Crisis

49% Shared Something for First Time

35 Suicide De-escalations

52 Active Rescues

Issues

Relationships 31%
Anxiety/Stress 33%
Depression/Sadness 32%
Suicide 21%
Isolation/Loneliness 19%
Self Harm 13%
Grief/Bereavement 4%
Eating/Body Image 4%
Emotional Abuse 3%
Bullying 3%
Substance Use 3%
Sexual Abuse 2%
Physical Abuse 1%
Gender/Sexual Identity 1%

Sexual Orientation

43% Heterosexual
57% LGBTQ+

Gender

2% Genderqueer
3% Agender
5% Trans
19% Boys+Men
71% Girls+Women

Race/Ethnicity

White 95%
Native American/Native Alaskan/Indigenous 4%
Hispanic/Latino 3%
Asian 2%
Black/African American 2%
Middle Eastern/North African/Arab 1%
Native Hawaiian/Pacific Islander <1%

* State was estimated using area codes, which is approximately 70% accurate based on historical data. All demographic data is based on the voluntary post-conversation survey that approximately 21% of texters complete.

Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.