10K Conversations
6K Texters
65 De-escalations
60 Emergency Service Interventions

64% Shared something for first time
86% Found the conversation helpful
60% Reached out because they had no one else to talk to

Issues
- Relationships: 35.5% State, 33.4% National
- Anxiety/Stress: 33.6% State, 34.7% National
- Depression/Sadness: 31.8% State, 29.8% National
- Suicide: 17.7% State, 17.5% National
- Isolation/Loneliness: 17.6% State, 17.0% National
- Self-harm: 11.9% State, 13.3% National
- Grief: 3.0% State, 2.0% National
- Substance use: 3.6% State, 2.8% National
- Bullying: 3.6% State, 2.8% National
- Eating/Body image: 3.2% State, 3.3% National
- Emotional abuse: 3.2% State, 3.0% National
- Sexual abuse: 2.5% State, 2.4% National
- Physical abuse: 1.5% State, 1.5% National
- Abuse (unspecified): 1.4% State, 1.6% National
- Gender/Sexual identity: 0.9% State, 1.0% National

Race/Ethnicity
- Asian: 3.0% State, 25.0% National
- Black/African American: 25.0% State, 33.6% National
- Hispanic/Latino: 5.5% State, 17.6% National
- Middle Eastern/North African/Arab: 0.5% State, 17.5% National
- Native American/Native Alaskan/Indigenous: 0.5% State, 3.9% National
- Native Hawaiian/Pacific Islander: 0.7% State, 3.6% National
- White: 68.9% State, 33.4% National

Age
- 13 or younger: 12.9% State, 14.7% National
- 14-17: 27.7% State, 24.5% National
- 18-24: 24.5% State, 17.6% National
- 25-34: 8.7% State, 6.0% National
- 35-44: 6.0% State, 3.6% National
- 45-54: 2.3% State, 3.6% National
- 55-64: 0.3% State, 3.3% National

Gender
- Agender: 1.5% State, 2.3% National
- Boy/Man: 14.7% State, 47.1% National
- Genderfluid: 2.3% State, 4.3% National
- Genderqueer: 0.4% State, 0.4% National
- Girl/Woman: 74.2% State, 52.9% National
- Intersex: 0.1% State, 5.6% National
- Non-binary: 5.6% State, 4.3% National
- Trans: 1.6% State, 5.6% National
- Two Spirit: 0.9% State, 0.2% National
- Write In: 2.5% State, 3.6% National

Sexual Orientation
- LGBTQ+: 47.1% State, 52.9% National
- Straight or Heterosexual: 52.9% State, 47.1% National

Disclaimer: Only includes those who responded to our voluntary post-conversation survey in 2023. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.

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