10K Conversations
6K Texters
65 De-escalations
60 Emergency Service Interventions
64% Shared something for first time
86% Found the conversation helpful
60% Reached out because they had no one else to talk to

Issues:
- Relationships: State 35.5%, National 33.4%
- Anxiety/Stress: State 33.6%, National 34.7%
- Depression/Sadness: State 31.8%, National 29.8%
- Suicide: State 17.7%, National 17.9%
- Isolation/Loneliness: State 17.6%, National 17.0%
- Self-harm: State 11.9%, National 13.3%
- Grief: State 3.0%, National 3.0%
- Substance use: State 3.3%, National 3.3%
- Bullying: State 3.3%, National 3.3%
- Eating/Body image: State 3.2%, National 3.3%
- Emotional abuse: State 3.2%, National 3.0%
- Sexual abuse: State 2.5%, National 2.4%
- Physical abuse: State 1.5%, National 1.5%
- Abuse (unspecified): State 1.4%, National 1.6%
- Gender/Sexual identity: State 0.9%, National 1.0%

Race/Ethnicity:
- Asian: State 3.0%, National 3.0%
- Black/African American: State 25.0%, National 25.0%
- Hispanic/Latino: State 5.5%, National 5.5%
- Middle Eastern/North African/Arab: State 0.5%, National 0.5%
- Native American/Native Alaskan/Indigenous: State 3.9%, National 3.9%
- Native Hawaiian/Pacific Islander: State 0.7%, National 0.7%
- White: State 68.9%, National 68.9%

Age:
- 13 or younger: State 12.9%, National 12.9%
- 14-17: State 27.7%, National 27.7%
- 18-24: State 24.5%, National 24.5%
- 25-34: State 17.6%, National 17.6%
- 35-44: State 8.7%, National 8.7%
- 45-54: State 6.0%, National 6.0%
- 55-64: State 2.3%, National 2.3%
- 65+: State 0.3%, National 0.3%

Gender:
- Agender: State 1.5%, National 1.5%
- Boy/Man: State 14.7%, National 14.7%
- Genderfluid: State 2.3%, National 2.3%
- Genderqueer: State 0.4%, National 0.4%
- Girl/Woman: State 74.2%, National 74.2%
- Intersex: State 0.1%, National 0.1%
- Non-binary: State 5.6%, National 5.6%
- Trans: State 4.3%, National 4.3%
- Two Spirit: State 0.2%, National 0.2%
- Write In: State 2.5%, National 2.5%

Sexual Orientation:
- LGBTQ+: State 47.1%, National 47.1%
- Straight or Heterosexual: State 52.9%, National 52.9%

Disclaimer: Only includes those who responded to our voluntary post-conversation survey in 2023. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to a 100% because texters might identify with multiple identities.