16K Conversations
10K Texters
129 De-escalations
79 Emergency Service Interventions
62% Shared something for first time
85% Found the conversation helpful
66% Reached out because they had no one else to talk to

Issues
- Anxiety/Stress
- Relationships
- Depression/Sadness
- Suicide
- Isolation/Loneliness
- Self-harm
- Grief
- Eating/Body image
- Substance use
- Bullying
- Emotional abuse
- Sexual abuse
- Abuse (unspecified)
- Physical abuse
- Gender/Sexual identity

Race/Ethnicity
- Asian 5.5%
- Black/African American 7.5%
- Hispanic/Latinx 31.6%
- Middle Eastern/North African/Arab 1.2%
- Native American / Native Alaskan / Indigenous 6.0%
- Native Hawaiian / Pacific Islander 1.2%
- White 62.9%

Age
- 13 or younger 14.7%
- 14-17 28.9%
- 18-24 22.2%
- 25-34 17.4%
- 35-44 9.0%
- 45-54 4.4%
- 55-64 2.7%
- 65+ 0.6%

Gender
- Agender 1.3%
- Boy/Man 17.0%
- Genderfluid 4.2%
- Genderqueer 1.6%
- Girl/Woman 70.3%
- Intersex 0.1%
- Non-binary 5.7%
- Trans 5.6%
- Two Spirit 0.4%
- Write In 2.3%

Sexual Orientation
- Straight or Heterosexual 47.9%
- LGBTQ+ 52.1%

Disclaimer: Only includes those who responded to our voluntary post-conversation survey in 2023. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to a 100% because texters might identify with multiple identities.