**97K**
Conversations

**56K**
Texters

**447**
De-escalations

**344**
Emergency Service Interventions

**59%**
Shared something for first time

**87%**
Found the conversation helpful

**65%**
Reached out because they had no one else to talk to

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### Issues

- Anxiety/Stress
- Relationships
- Depression/Sadness
- Isolation/Loneliness
- Suicide
- Self-harm
- Grief
- Eating/Body image
- Bullying
- Emotional abuse
- Substance use
- Sexual abuse
- Abuse (unspecified)
- Physical abuse
- Gender/Sexual identity

### Race/Ethnicity

- Asian: 16.1%
- Black/African American: 9.0%
- Hispanic/Latina: 38.7%
- Middle Eastern/North African/Arab: 2.1%
- Native American/Alaskan/Indigenous: 3.9%
- Native Hawaiian/Pacific Islander: 1.7%
- White: 44.3%

### Age

- 13 or younger: 12.6%
- 14-17: 27.4%
- 18-24: 24.1%
- 25-34: 18.4%
- 35-44: 8.6%
- 45-54: 4.8%
- 55-64: 2.9%
- 65+: 1.2%

### Gender

- Agender: 1.3%
- Boy/Male: 16.3%
- Genderfluid: 3.2%
- Genderqueer: 2.1%
- Girl/Woman: 71.4%
- Intersex: 0.2%
- Non-binary: 5.2%
- Trans: 4.8%
- Two Spirit: 0.5%
- Write In: 2.5%

### Sexual Orientation

- LGBTQ+: 49.0%
- Straight or Heterosexual: 51.0%

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Disclaimer: Only includes those who responded to our voluntary post-conversation survey in 2023. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.