2K Conversations
2K Texters
16 De-escalations
14 Emergency Service Interventions
64% Shared something for first time
85% Found the conversation helpful
64% Reached out because they had no one else to talk to

Issues:
- Anxiety/Stress: 33.5% State, 21.7% National
- Relationships: 32.6% State, 33.4% National
- Depression/Sadness: 20.4% State, 27.7% National
- Isolation/Loneliness: 17.0% State, 17.0% National
- Suicide: 17.1% State, 17.9% National
- Self-harm: 12.3% State, 12.3% National
- Emotional abuse: 3.0% State, 5.3% National
- Eating/Body image: 3.3% State, 3.0% National
- Bullying: 3.0% State, 3.6% National
- Grief: 3.6% State, 3.5% National
- Physical abuse: 3.6% State, 2.0% National
- Abuse (unspecified): 3.6% State, 2.5% National
- Substance use: 2.8% State, 2.4% National
- Sexual abuse: 2.4% State, 2.3% National
- Gender/Sexual identity: 1.0% State, 1.1% National

Race/Ethnicity:
- Asian: 9.2% State, 13.5% National
- Black/African American: 52.3% State, 32.8% National
- Hispanic/Latino: 13.2% State, 27.7% National
- Middle Eastern/North African/Arab: 2.3% State, 4.6% National
- Native American/Native Alaskan/Indigenous: 4.6% State, 1.7% National
- Native Hawaiian/Pacific Islander: 1.7% State, 1.7% National
- White: 31.6% State, 17.0% National

Age:
- 13 or younger: 9.7% State, 14.1% National
- 14-17: 27.7% State, 17.5% National
- 18-24: 17.5% State, 15.5% National
- 25-34: 17.5% State, 17.5% National
- 35-44: 8.3% State, 3.4% National
- 45-54: 2.8% State, 2.4% National
- 55-64: 2.5% State, 1.0% National
- 65+: 0.5% State, 2.8% National

Gender:
- Agender: 1.1% State, 1.1% National
- Boy/Man: 16.1% State, 16.1% National
- Genderfluid: 1.6% State, 1.6% National
- Genderqueer: 2.7% State, 2.7% National
- Girl/Woman: 69.4% State, 69.4% National
- Non-binary: 5.4% State, 5.4% National
- Trans: 5.9% State, 5.9% National
- Two Spirit: 1.1% State, 1.1% National
- Write In: 3.8% State, 3.8% National

Sexual Orientation:
- LGBTQ+: 52.7% State, 52.7% National
- Straight or Heterosexual: 47.3% State, 47.3% National

Disclaimer: Only includes those who responded to our voluntary post-conversation survey in 2023. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to a 100% because texters might identify with multiple identities.