3K Conversations
2K Texters
17 De-escalations
7 Emergency Service Interventions
60% Shared something for first time
83% Found the conversation helpful
63% Reached out because they had no one else to talk to

Issues
- Anxiety/Stress
- Relationships
- Depression/Sadness
- Isolation/Loneliness
- Suicide
- Self-harm
- Emotional abuse
- Grief
- Bullying
- Eating/Body image
- Sexual abuse
- Physical abuse
- Substance use
- Abuse (unspecified)
- Gender/Sexual identity

Race/Ethnicity
- Asian: 4.3%
- Black/African American: 25.7%
- Hispanic/Latino: 13.9%
- Middle Eastern/North African/Arab: 0.3%
- Native American/Alaskan/Indigenous: 4.6%
- Native Hawaiian/Pacific Islander: 0.7%
- White: 60.4%

Age
- 13 or younger: 13.6%
- 14-17: 31.5%
- 18-24: 27.4%
- 25-34: 11.7%
- 35-44: 7.9%
- 45-54: 3.8%
- 55-64: 2.8%
- 65+: 1.3%

Gender
- Agender: 1.0%
- Boy/Man: 15.0%
- Genderfluid: 3.3%
- Genderqueer: 2.0%
- Girl/Woman: 73.2%
- Intersex: 0.3%
- Non-binary: 6.9%
- Trans: 5.6%
- Write In: 2.0%

Sexual Orientation
- LGBTQ+: 50.8%
- Straight or Heterosexual: 49.2%

Disclaimer: Only includes those who responded to our voluntary post-conversation survey in 2023. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to a 100% because texters might identify with multiple identities.