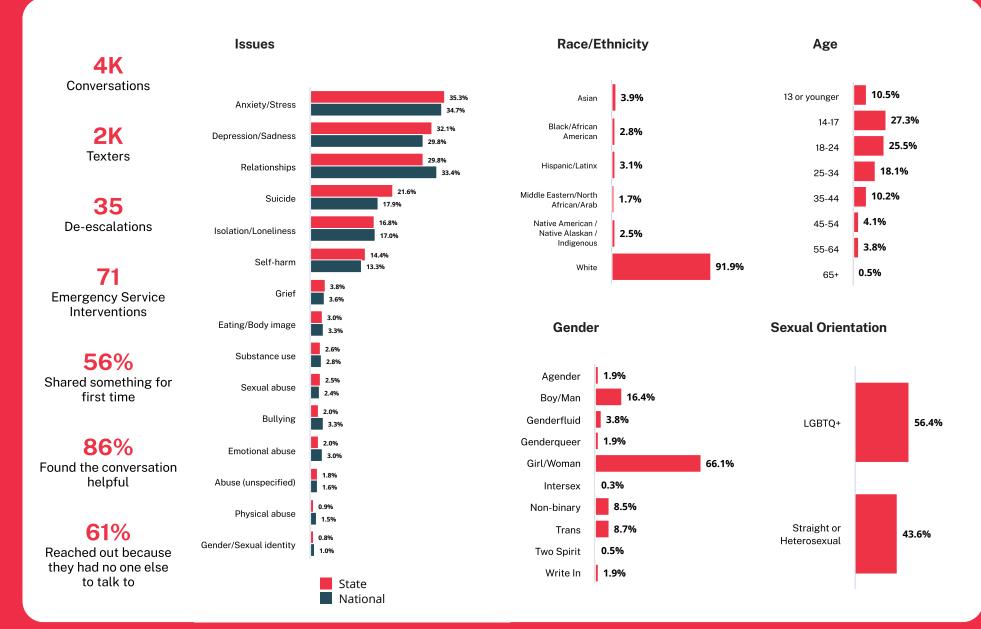
2023 Mental Health Insights



Disclaimer: Only includes those who responded to our voluntary post-conversation survey in 2023. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to a 100% because texters might identify with multiple identities.

CRISIS TEXT LINE

Maine

United in Empathy 2023 / crisistextline.org