## CRISIS TEXT LINE | Native Hawaiian or Pacific Islander Texters

## 2023 Mental Health Insights

Race/Ethnicity Issues Age 15.9% 13 or younger 39.4% Asian 39.2% Anxiety/Stress 34.7% 32.3% 14-17 1% Black/African 23.7% 38.2% American Relationships 23.1% of conversations 18-24 33.4% 28.1% Hispanic/Latinx 30.0% 16.1% Depression/Sadness 25-34 29.8% Middle Eastern/North 11.3% 1% 21.6% 6.3% African/Arab 35-44 Suicide 17.9% Native American / of texters 17.3% 2.8% Native Alaskan / 45-54 16.6% Isolation/Loneliness Indigenous 17.0% Native Hawaiian / 2.3% 55-64 100.0% 14.6% Pacific Islander Self-harm 61% 13.3% 1.3% 65+ White 43.2% 3.7% Shared something for Grief 3.6% first time 3 6% Bullying 3 3% Sexual Orientation Gender 3.3% Eating/Body image 86% 3.3% 3 3% Found the conversation Emotional abuse 3.0% 4.4% Agender helpful 3.0% Substance use 17.1% Boy/Man 2.8% 59.6% LGBTQ+ 7.3% 2.0% Genderfluid **67%** Sexual abuse 2.4% 4.3% Genderqueer Reached out because 1.4% Physical abuse 1.5% they had no one else 69.6% Girl/Woman to talk to 1.4% Abuse (unspecified) 3.1% Intersex 1.6% 10.1% 1.1% Non-binary Gender/Sexual identity Straight or 1.0% 40.4% 8.2% Trans Heterosexual Specific Texter Group 4.3% Two Spirit Crisis Text Line Average 6.3% Write In

Disclaimer: Only includes those who responded to our voluntary post-conversation survey in 2023. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to a 100% because texters might identify with multiple identities.

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