23K Conversations

13K Texters

94 De-escalations

64 Emergency Service Interventions

58% Shared something for first time

86% Found the conversation helpful

63% Reached out because they had no one else to talk to

Issues

- Anxiety/Stress
- Relationships
- Depression/Sadness
- Isolation/Loneliness
- Suicide
- Self-harm
- Eating/Body image
- Grief
- Bullying
- Emotional abuse
- Substance use
- Sexual abuse
- Physical abuse
- Abuse (unspecified)
- Gender/Sexual identity

Race/Ethnicity

- Asian 9.4%
- Black/African American 16.4%
- Hispanic/Latina 24.8%
- Middle Eastern/North African/Arab 2.3%
- Native American/Native Alaskan/Indigenous 2.0%
- Native Hawaiian/Pacific Islander 0.6%
- White 55.3%

Age

- 13 or younger 13.0%
- 14-17 27.5%
- 18-24 25.9%
- 25-34 18.8%
- 35-44 6.9%
- 45-54 4.5%
- 55-64 2.5%
- 65+ 0.9%

Gender

- Agender 1.4%
- Boy/Men 16.0%
- Genderfluid 2.0%
- Genderqueer 1.6%
- Girl/Women 72.6%
- Intersex 0.0%
- Non-binary 4.8%
- Trans 4.8%
- Two Spirit 0.1%
- Write In 2.3%

Sexual Orientation

- LGBTQ+ 48.9%
- Straight or Heterosexual 51.1%

Disclaimer: Only includes those who responded to our voluntary post-conversation survey in 2023. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to a 100% because texters might identify with multiple identities.