54K Conversations
31K Texters
278 De-escalations
205 Emergency Service Interventions
58% Shared something for first time
84% Found the conversation helpful
64% Reached out because they had no one else to talk to

Issues
- Anxiety/Stress: State 34.7%, National 36.8%
- Relationships: State 33.4%, National 33.7%
- Depression/Sadness: State 29.8%, National 29.6%
- Isolation/Loneliness: State 16.6%, National 17.0%
- Suicide: State 15.5%, National 17.0%
- Self-harm: State 10.9%, National 13.3%
- Eating/Body image: State 3.3%, National 3.6%
- Grief: State 3.5%, National 3.6%
- Bullying: State 3.3%, National 3.1%
- Emotional abuse: State 2.8%, National 3.0%
- Substance use: State 2.8%, National 2.8%
- Sexual abuse: State 2.0%, National 2.4%
- Abuse (unspecified): State 1.6%, National 1.5%
- Physical abuse: State 1.3%, National 1.5%
- Gender/Sexual identity: State 1.0%, National 1.0%

Race/Ethnicity
- Asian: 8.8%
- Black/African American: 17.0%
- Hispanic/Latino: 20.5%
- Middle Eastern/North African/Arab: 1.9%
- Native American/Native Alaskan/Indigenous: 2.7%
- Native Hawaiian/Pacific Islander: 0.5%
- White: 58.3%

Age
- 13 or younger: 13.2%
- 14-17: 26.5%
- 18-24: 25.5%
- 25-34: 16.6%
- 35-44: 9.1%
- 45-54: 5.4%
- 55-64: 2.8%
- 65+: 1.0%

Gender
- Agender: 1.2%
- Boy/Male: 17.1%
- Genderfluid: 3.3%
- Genderqueer: 1.8%
- Girl/Female: 70.1%
- Intersex: 0.1%
- Non-binary: 5.5%
- Trans: 5.1%
- Two Spirit: 0.4%
- Write In: 2.8%

Sexual Orientation
- LGBTQ+: 50.0%
- Straight or Heterosexual: 50.0%