**3K Conversations**

**2K Texters**

**9 De-escalations**

**6 Emergency Service Interventions**

**57%** Shared something for first time

**84%** Found the conversation helpful

**76%** Reached out because they had no one else to talk to

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**Issues**

- Anxiety/Stress: 34.7%
- Depression/Sadness: 29.8%
- Relationships: 33.4%
- Isolation/Loneliness: 17.0%
- Suicide: 15.4%
- Self-harm: 9.9%
- Eating/Body image: 3.2%
- Substance use: 2.7%
- Bullying: 2.7%
- Emotional abuse: 2.6%
- Grief: 3.3%
- Abuse (unspecified): 2.0%
- Physical abuse: 1.3%
- Sexual abuse: 1.2%
- Gender/Sexual identity: 1.0%

**Race/Ethnicity**

- Asian: 3.7%
- Black/African American: 10.1%
- Hispanic/Latina: 19.7%
- Middle Eastern/North African/Arab: 0.9%
- Native American/Native Alaskan/Indigenous: 3.2%
- Native Hawaiian/Pacific Islander: 0.5%
- White: 68.8%

**Age**

- 13 or younger: 18.1%
- 14-17: 21.4%
- 18-24: 20.6%
- 25-34: 19.3%
- 35-44: 9.1%
- 45-54: 9.1%
- 55-64: 1.6%
- 65+: 0.8%

**Gender**

- Agender: 1.3%
- Boy/Male: 19.0%
- Genderfluid: 1.7%
- Genderqueer: 1.3%
- Girl/Woman: 71.6%
- Intersex: 0.9%
- Non-binary: 6.0%
- Trans: 5.6%
- Two Spirit: 0.9%
- Write In: 2.2%

**Sexual Orientation**

- LGBTQ+: 45.9%
- Straight or Heterosexual: 54.1%

**Disclaimer:** Only includes those who responded to our voluntary post-conversation survey in 2023. On average, approximately 21% of our texters overall complete this survey. Please note that the total percentages in the race, gender, and sexuality charts will not add up to 100% because texters might identify with multiple identities.