1K Conversations
765 Texters
8 De-escalations
3 Emergency Service Interventions

65% Shared something for first time
91% Found the conversation helpful
48% Reached out because they had no one else to talk to

Issues:
- Anxiety/Stress: 34.5% (State), 34.7% (National)
- Relationships: 33.4% (State), 33.4% (National)
- Depression/Sadness: 30.5% (State), 29.8% (National)
- Suicide: 17.9% (State), 17.2% (National)
- Self-harm: 13.3% (State), 16.8% (National)
- Isolation/Loneliness: 17.0% (State), 16.8% (National)
- Bullying: 3.3% (State), 5.7% (National)
- Eating/Body image: 3.3% (State), 4.7% (National)
- Substance use: 3.0% (State), 2.8% (National)
- Emotional abuse: 3.0% (State), 2.0% (National)
- Grief: 3.6% (State), 2.8% (National)
- Sexual abuse: 2.4% (State), 2.3% (National)
- Physical abuse: 1.5% (State), 2.3% (National)
- Abuse (unspecified): 1.6% (State), 1.8% (National)
- Gender/Sexual identity: 1.0% (State), 1.0% (National)

Race/Ethnicity:
- Asian: 7.5%
- Black/African American: 1.1%
- Hispanic/Latinx: 10.8%
- Native American/Native Alaskan/Indigenous: 6.5%
- White: 88.2%

Gender:
- Agender: 1.0%
- Boy/Man: 13.0%
- Genderfluid: 3.0%
- Genderqueer: 1.0%
- Girl/Woman: 64.0%
- Non-binary: 14.0%
- Trans: 6.0%
- Write In: 5.0%

Sexual Orientation:
- LGBTQ+: 52.5%
- Straight or Heterosexual: 47.5%

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